

Sharing



Eider Duck, *Somateria mollissima*



Sharing

During a pilgrimage, you may walk alone, but still with a common goal. During the journey, hikers meet others and share their thoughts, their experiences and perhaps also their food. Eiders live together in large flocks, and the females, share the responsibility of rearing their young. What can you share? Is it something material? Can you share a positive event or experience? Something that makes you happy can also make others happy.



Eiders' nest

Eider ducks build a simple nest from materials found in nature and covers the nest with its own soft down. The female lays 3-8 eggs, sometimes there are even more eggs in the nest as another female eider can lay her eggs in the same nest.

Can you build a nest together? A simple circle on the ground where you all fit in? Gradually you can reduce the size of the nest, every time you should try to fit your group in the ever-smaller circle. For everyone to finally get a place in the nest, the group must work together to solve the challenge.